



**Places  
Leisure**

Part of Places for People



# Free Health and Wellbeing drop in

**Tuesday 20<sup>th</sup>**  
**January**  
**Ripley Leisure  
Centre**  
**1.30pm -  
3.30pm**

Join us for a free cuppa  
at the wellbeing drop in,  
organised by Arch  
Primary Care Network.



Local services will be  
available to chat to you  
about groups and activities  
available to support your  
health and wellbeing and  
any support you may need.

Free blood  
pressure  
checks will  
also be  
available



**Live Life  
BETTER  
DERBYSHIRE**



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Leisure**

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