



Free Health and Wellbeing drop in

Join us for a free cuppa
at the wellbeing drop in,
organised by Arch
Primary Care Network.



Local services will be
available to chat to you
about groups and activities
available to support your
health and wellbeing and
any support you may need.

**Somercotes Parish
Hall**

**4:30 PM – 6:30 PM
108 Nottingham
Road DE55 4LY**

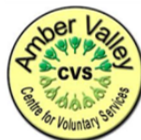
Monday 14th July

**Free blood
pressure
checks will
also be
available**



**Live Life
BETTER
DERBYSHIRE**

 **Places
Leisure**
Part of Places for People




Amber Valley
Borough Council


**Amber
Valley
Partnership**