



Free Health and Wellbeing drop in

Join us for a free cuppa
at the wellbeing drop in,
organised by Arch
Primary Care Network.



Local services will be
available to chat to you
about groups and activities
available to support your
health and wellbeing and
any support you may need.

**Somercotes
Parish Hall**
4.30pm – 6.30pm

Monday 2nd June
Monday 16th June
Monday 30th June
Monday 14th July

Free blood
pressure
checks will
also be
available

