



Places
Leisure

Part of Places for People

Because Community Matters

Parkinson's Move & Shout

at Ripley Leisure Centre

A programme for people living with Parkinson's disease

Ripley Leisure Centre are working in partnership with Parkinson's UK to offer a 12-week programme called Move & Shout. This programme consists of 12 weekly physical activities led by our highly qualified instructors!

In aid of

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

For more information, please scan the QR code or
visit ripley.placesleisure.org



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 Amber Valley
Borough Council

Places for People Leisure Ltd. working in
partnership with Amber Valley Borough Council